



Daily Schedule Plan
Module 4 Ocala, Fl
Marion Baptist Association
Biblical Counseling: How Do You Share It?
(Developing a Local Church Biblical Counseling and Training Center)
Pastor Mike DeGuzman, OIC, ACBC

Module 4: Weekend 1

Saturday, May 13, 2023

7:30 am Doors open and sign in

8:00 am Worship and Prayer

8:10 am *Review of Projects for Growth and Module 3*

8:30 am *Biblical Counseling and Self Harm*

9:15 am Break

9:25 am *Three Foundational Considerations*

10:00 am Break

10:10 am *How Does a Church Change Its Corporate Culture?*

10:45 am Break

10:55 am *Three Characteristics of a Disciple-Making Church*

11:25 am Break

11:35 am *Leadership That Produces Disciples*

12:15 pm Assign Projects for Growth (Pastor Mike DeGuzman)

Return to ministry locations, begin your “Projects for Growth,” and joyfully anticipate Module 4, Weekend 2!

Weekend 2: Saturday, June 10, 2023, 08:00

Marion Baptist Association

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Module 3 Ocala, Fl

Marion Baptist Association

(Digging Deeper into Teaching the Process and Procedures of Biblical Counseling)

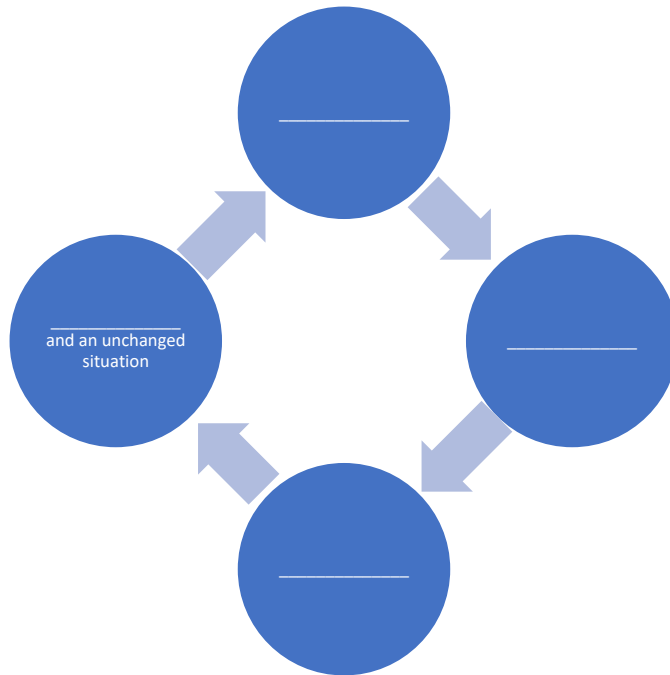
Pastor Mike DeGuzman, OIC, ACBC

Biblical Counsel and Self-Harm

- How do we make sense of self-harm? How do we understand it?
 1. There are various levels of self-harm.
 - a. _____
 - b. _____
 - c. _____
 - d. _____
 - e. _____
 - f. _____
 - g. _____
 2. What does self-harm say?
 3. Is Self-Harm something _____?
 4. Should we _____ someone who self-harms? Or, is it better to send this person to a professional?
 - If you believe the person's life is in jeopardy, immediately send them for emergency help
- Interesting notes about those who self-harm

- a. About ____% of all people will self-harm during their lifetime
- b. Average age of the first incident of self-harm is ____
- c. ____% of people use cutting as their method of self-injury
- d. About 50% seek help for self-harm from _____ instead of professionals.
- e. Vast majority of self-harmers are under ____ years old
- f. "Physical pain is better than dealing with the heart/_____ pain."
- g. Psalm 32:3-7

➤ The Cycle of Self-Harm



➤ Big Picture _____ Issues (not exhaustive)

- a. Lack of _____ (2 Corinthians 5:14-17)
- b. Misunderstanding, misconstrue, or disbelieve the _____ of God (Matthew 11:28-30; Hebrews 4:14-16; 1 Peter 5:6-7; Psalm 84:11)
- c. Lack of _____ (James 1:13-18)

d. Loss of _____ (Romans 8:28, 15:13)

➤ Big Picture Sanctification Issues

a. Purpose of _____

b. How to handle conflict and _____

c. Living by a _____ -orientation rather than truth-orientation (or Christ-centered, gospel-centered)

d. Devaluing _____ (loving God) and _____ (loving neighbor)

It is impossible to serve outwardly for the glory of God when focused inwardly on self.

e. _____ of life (including 2 Corinthians 5:9; 1 Corinthians 10:31; 1 Timothy 4:7-8; Hebrews 12:1-2)

➤ Potential Areas of Idolatry and Sin

a. _____

b. Vanity or love of _____

c. _____

d. _____

e. Shame and/or Guilt

➤ Project for Growth Samples

a. You want their mind on Jesus, the gospel, the pleasures of a relationship with God in Christ.

All projects need to point to _____!

- b. _____-talk Log
 - c. _____ log or journal (including thoughts)
 - d. _____ journal
 - e. Character of _____ assignment
 - f. _____ (a battle plan, an “alternative” plan, or positive plan)
 - g. _____ (invite others into the conversation for help, hope, and fellowship)
 - h. Biblical _____ (Reading and memorizing key passages, specific prayer)
 - i. Reading good and appropriate religious _____
- Where to begin
- a. Emphasize the importance of Christlike _____
 - b. Ensure their understanding and commitment to the _____
 - c. Use appropriate _____ when getting the facts. Express sorrow. Respond in sadness. Listen with compassion and tenderheartedness.
 - d. Be cautious of speaking in _____
 - e. Provide _____!
 - f. Point them to the _____ of the Gospel of Christ
 - g. Provide for the person’s _____ if necessary
 - h. Walk slowly, this is a _____. Not a quick race.



Module 4 Ocala, FL
Marion Baptist Association
A Final Review of Some Things You Should Already Know
(Pastor Mike DeGuzman, ACBC, OIC)

Introduction:
Welcome Back!
Before the review, a preview of Module 4 ...

- Counseling Testimonies
 - Part One - Preparing the Soil: Developing a Corporate Culture for Personal Discipleship
 - Part Two - Planting and Growing the Seedling: Selecting and Equipping Counselors Within and for the Local Church
 - Part Three - Managing the Harvest: Establishing and Growing a Counseling and Training Center for the Community and Other Churches
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The Review:

Why Counsel – or do anything else for God?

When and why did counseling begin? (Gen. 1:28; 3:1)

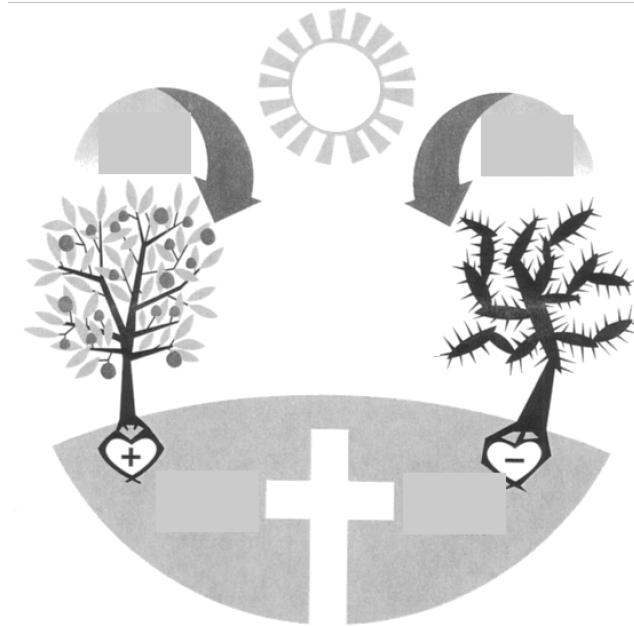
What are the “three grand themes” of truly biblical counseling?

- 1.
- 2.
- 3.

List at least five things that distinguish biblical counseling from secular, psychologically based therapies

- 1.
- 2.
- 3.
- 4.
- 5.

Complete this diagram by labeling each of its parts:



What are the “Seven Key Elements” in the biblical counseling methodology we studied?

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.
- 7.

What does repentance look like, and sound like in someone whose heart is being transformed by God's grace?

Remember:

The problem is NOT the problem; The heart is the problem.

Therefore, as biblical counselors ...

We are not "problem-solvers." We are growing believers who connect broken believers to the grace of God.



Module 4 Ocala, FL
Marion Baptist Association
Three Foundational Considerations

Introduction:

“How do I start a counseling ministry in my local church?”

(That is) a question that, to me, illustrates a widespread misunderstanding of the true nature of counseling.

- Bill Goode in *Counseling: How To Counsel Biblically*, p. 222

1. Biblical counseling is an essential element in the ministry of any local church that desires to be

What is the “Great Commission”? (Matt. 28:19-20)

Who? “In _____ going”

When? “_____ your _____”

What? “Make _____”

Where? “Of all _____”

How?

- _____: Baptizing them
- _____: Teaching them to observe all that I have commanded you
- Not to know only, but to do (obey)
- Not some things, but “all things”
- Not just the ones that are most _____
- Or the things that do _____ require me to change my thoughts or my actions

The fulfillment of the Great Commission is in jeopardy if the local church has no plan to help the believer who is in trouble and who is not handling life in a way that is consistent with God's Word.

Remember: Biblical counseling is an *essential element* in the ministry of any local church that desires to be biblical.

What are some other such elements? (Acts 2:41-47)

- Evangelism
- Preaching/Teaching
- _____
- Prayer
- Worship

Jesus said ... “I will build my *church* ...” (Matt. 16:18)

In summary:

* God ordained the local _____ to assist the believer in growing into the image of His Son.

* It is the only organization (organism) He promised to build, sustain, and use

Paul (church planter, pastor, missionary - reminding believers of their responsibility to counsel and encourage one another) said ...

* Rom. 15:14 – You can _____ each other!

* 1 Thess. 5:14 – You are to _____ your fellow-believers regardless of their problems

* Gal. 6:1 – When a fellow believer is struggling with sin, you are to graciously take the initiative in helping knit their heart back into God’s grace.

* Col. 1:28 – Believers are to wisely warn and teach their fellow-believers so that they grow in maturity

In other words, your local church IS already a counseling ministry!

So the question is NOT:

Are your people offering counsel to their fellow-believers? YES! All the time! Every day!

The questions ARE:

* Is the counsel being given ... focused on the _____ goal –

...

i.e. it seeks the glory of God through the progressive sanctification of the believer?

...

* Is the counsel being given ... biblical

i.e., it originates in the Bible.

...

* Is the counsel being given ... _____ focused

i.e., it eschews the goal of merely solving problems and addresses the idolatry of the inner man?

...

* Is the counsel being given ... _____

i.e., it has a plan of action, a consistent and biblical methodology

...

* Is the counsel being given ... _____

i.e., it is done under ecclesiastical authority.

Here is the key concept is this entire module ...

- A biblical counseling ministry is not something more for the church to do, BUT more of something the church should already be doing.
- The Most important moments in a person's spiritual growth will not occur in the counseling meeting, but during all the hours between the meetings.

2. The pastor is responsible for the work of the church.

What is the work of the pastor? (Eph. 4:11-13)

Why is the pastor/teacher best suited for this leadership position?

- * His position requires him to be _____ of the local assembly
- * His desire, giftedness, calling, theological training, and ordination make him “ruling elder” of the local assembly
- * His compassion assists him in being _____ of the local assembly

3. Every member of the church body must be prepared to effectively minister to others.

- * The whole body causes the growth of the body (Eph 4:16 and the “one another” passages.

“My responsibility is to equip every believer to be able to use the Word of God effectively with non-believers, new believers, and neurotic believers.”

Andrew Rogers

Pastor of Soul Care

College Park Church, Indianapolis, USA

Non-believer? Train your people in personal _____

New believer?

1. Introduction to the Bible
2. How to Know the Bible
3. God: His Character and Attributes
4. The Person of Jesus Christ
5. The Work of Christ
6. Salvation
7. The Person and Ministry of the Holy Spirit
8. Prayer and The Believer
9. The Church: Fellowship and Worship

10. Spiritual Gifts
11. Evangelism and the Believer
12. Obedience
13. God's Will and Guidance

Neurotic believer?

Neuron (nerve) + Osis (disease or abnormal condition) = Anxiety, worry, envy, jealousy, et al.

“I have frequently seen people become neurotic when they content themselves with inadequate or wrong answers to the questions of life.” (Carl Jung)

Neurotic believers?

Provide Christ-centered, gospel-focused, grace-saturated, redemptive, soul care

In summary:

Biblical soul care is an essential element of the work of the church, it should be developed through pastoral leadership, and it should involve all the members of the church



Module 4 Ocala, FL

Marion Baptist Association

How Can a Church Change Its Corporate Culture?

Introduction:

How many churches have you visited recently?

This is what you'll discover:

Churches are like people – each one has its own personality

What is a “corporate culture”?

- A blend of the values, beliefs, taboos, symbols, rituals, and myths all organizations develop over time
- The term describes and governs the way an organization’s leaders and employees/members think, feel, and act.

“Corporate culture” includes the way(s) the organization ...

- Conducts its business or _____
- treats its employees, customers/members, and the wider community
- allows (even encourages) freedom in decision-making within assigned roles
- allows (even encourages) creativity in developing new ideas and programs
- Structures its leadership and _____ flow through its hierarchy

Note: The only way to really understand a culture is to be immersed in it.

Corporate culture could be formal:

- A written mission and or _____ statement

These written statements answer important questions:

- Why do you exist? A _____ statement
- What is your goal? An _____ statement
- How will you achieve it? A _____ statement
- What do you value? A _____ statement

(Note: There could be a significant disparity between what is written about the organization and what is experienced within the organization)

Why does OIC exist?

Our Vision Statement:

To glorify God through the spiritual strengthening of believers and churches around the world.

Our Objective Statement:

To assist in the initial creation and continuing development of national biblical counseling training and certifying organizations.

Our Mission Statement:

Training Biblical Counseling Trainers Around the World

What does OIC Value?

1) Biblical Priorities in our Relationships

- Humility - Proverbs 22:4; James 4:10
- Love - John 13:34-35; Romans 12:10
- Orderliness - 1 Corinthians 14:40; 12:16

2) Excellence in our Work

- Humility - Proverbs 22:4; James 4:10
- Love - John 13:34-35; Romans 12:10
- Orderliness - 1 Corinthians 14:40; 12:16

3) Mutual Blessing through our Partnerships

- Unity - Eph. 4:4-6; 1 Cor. 1:13
- Generosity - 2 Cor. 8:9; 9:7
- Faithfulness - 1 Cor. 4:2; Prov. 25:13

Note: there could be a significant disparity between what is written about the

organization and what is experienced within the organization.

Corporate culture is *always* informal:

- What is spoken about, how it is spoken about, and/or what is merely understood.

Where do we see this concept of corporate culture in the Bible?

- In the tribes of the Old Testament
One nation; varying cultures
- In the churches of the New Testament
One Body; varying cultures

Can organizations – or churches – have similar (or identical) purposes and disparate cultures?

Matthew 28:19-20 The mission (great commission) of the church is to make disciples

How can a church's corporate culture be changed?

The leader(s) recognize that the old ways are not producing

- (God's glory-focused, grace-filled, humble, ministry-minded, well-trained, and winsome)
disciples of Jesus Christ

Are "old ways" always "bad ways"? _____

What are some examples of "this-church's-culture-bound" areas of ministry or activities?

- The leader(s) study the Scriptures and identify the values and structural changes necessary to produce disciples
- Study _____ history
- Teach, teach, teach!
- Inform the church of each change
- The leader(s) teach and talk about the new cultural perspectives
- The leader(s) enact the necessary organizational and structural changes.
- The leader(s) graciously and biblically respond to the expected reaction from those vested in the old ways



Module 4 Ocala, FL
Marion Baptist Association
Three Characteristics of a Disciple-Making Church

Introduction:

Can you name all the ministries of your church?
How does each one develop disciples of Jesus?

What should the corporate culture of a discipleship-focused church include?

1.

What's the difference between a lecture and a sermon?

First, text-driven application is grounded in biblical truth gained through historical, grammatical, literary and theological analyses of the biblical text. Application necessarily flows from our exegesis and exposition. The order is not optional.

Therefore ...

Second, text-driven application must be based on the author's intended meaning found in the text. Authorial intent determines and dictates application.

Therefore ...

Third, text-driven application should demonstrate the relevance and practical nature of biblical truth for the listeners in their present life context.

Therefore ...

Fourth, text-driven application must include practical illustrations, examples and suggestions, so the audience can adopt and model their lives after the biblical truth being taught. The best place to begin is with biblical examples.

Therefore ...

(Italicized sections excerpted and edited from ...Engaging Exposition,
Daniel L. Akin, et al., B&H Academic, 2011)

Fifth, application-driven messages are presented in second person plural

Therefore ...

Sixth, application-driven messages have verbal points

Therefore ...

Seventh, and finally, application-driven messages have an attention-grabbing and life-related title

- * Targeting the Source of Life's Problems
- * How To Be Assured of Continuing Spiritual Growth
- * Five Lessons You Learn in a Storm
- * Evaluating Your View of Ministry
- * Three Reasons You're Safest in the Fire
- * How To Conquer Discouragement in Ministry
- * Three Steps to Lifelong Spiritual Growth

2.

What is it?

What isn't it?

Why are they important?

Four Principles:

1. We need Jesus because we are broken. Romans 3:23, 6:23
2. We get Jesus through the Word of God. John 5:37-40
3. We practice the Word of God with one another. John 17:17
4. We share the Word of God with the world. Matthew 28:18-20

Three Practices:

1. _____ We are people of God who live and care for each other as a family. (Rev 21:3)
2. _____ We are disciples of Jesus who take responsibility for our own development and the development of others.
3. _____ We are servants sent by God to proclaim and live out the Gospel Word before our Communities.

Imagine your church being a disciple-making church



Module 4 Ocala, FL
Marion Baptist Association
Leadership that Produces Disciples

Introduction:

It all begins at the top.

Pastors must be convinced of the need for biblical soul care and be committed to develop it in the church no matter what obstacles may be faced

Pastors must be convinced it is ...

- * His role as an elder (Eph. 4:11-12; 1 Pet. 5:1-4; Acts 20:17-35)
 - *
 - *
 - *

- * Everyone's role (Rom. 15:14; 1 Thess. 4:13-18; 5:1, 11; 5:14; Gal. 6:1-3)
 - *
 - *
 - *
 - *
 - *

- * The work of the church
 - Biblical counseling is ...
 - ... a specialized form of discipleship.

- * ... the informal ministry of every believer.

- *

Pastors must be committed to developing their own ...

- * Personal disciplines
- * Time in the Word
 - ****Prayer
 - * Study
 - * Healthcare
 - *

- * Pastoral skills (*A Shepherd's Look at Psalm 23* by Philip Keller)
 - *Guiding
 - ***Feeding
 - ***Leading
 - *
 - *Comforting
 - *Protecting

- * Preaching skills
 - **Passion
 - *Practicality

Pastors must be committed to discipling ...

- His family
- His staff
- Books
- Digital Media
- Counseling Training
- Reading Goals
- Scripture Memory
- Preaching and Teaching Lab
- His serving members through his staff

Pastors may have objections:

How would you respond?

- * Why can't we just _____
- * Counseling is just not my strength of _____
- * Counseling may require me to _____ other areas of ministry
- * The demand from inside the church and outside the church may become too time-consuming
- * Too many pastors commit sexual immorality while counseling.
- * If they know the problems of my people, they will _____ my church.
- * If I get involved in counseling, it may affect the way I _____