

*Welcome back, for ...*



**Module 4**  
**Biblical Counseling:**  
**How Do You**  
**Share It?**

*(Developing a Local Church  
Biblical Counseling  
and Training Center)*

This is your final module!

# What will we do in this module?

- First, we'll have our review of some things you should already know.



And you're ready for this, right?

# What will we do in this module?

- Then, you'll share some counseling testimonies





# What will we do in this module?

- 3 Part One - Preparing the Soil: Developing a Corporate Culture for Personal Discipleship
- 3 Part Two - Planting and Growing the Seedling: Selecting and Equipping Counselors Within and For the Local Church
- 3 Part Three - Managing the Harvest: Establishing and Growing a Counseling and Training Center for the Community and Other Churches

# What will we do in this module?

Then ...  
you'll “graduate”!

And that's when  
the work really begins!





In all of this, I'll be asking God to change my heart and your heart – and the way we think about doing biblical soul care!



## The Review

**Why counsel**  
or do anything else  
**for God?**



# When and why did counseling begin?



Genesis 1:28; 3:1



# What is biblical counseling?

*Biblical Counseling is simply the ministry of graciously applying the truths of the Bible to the challenges of life.*

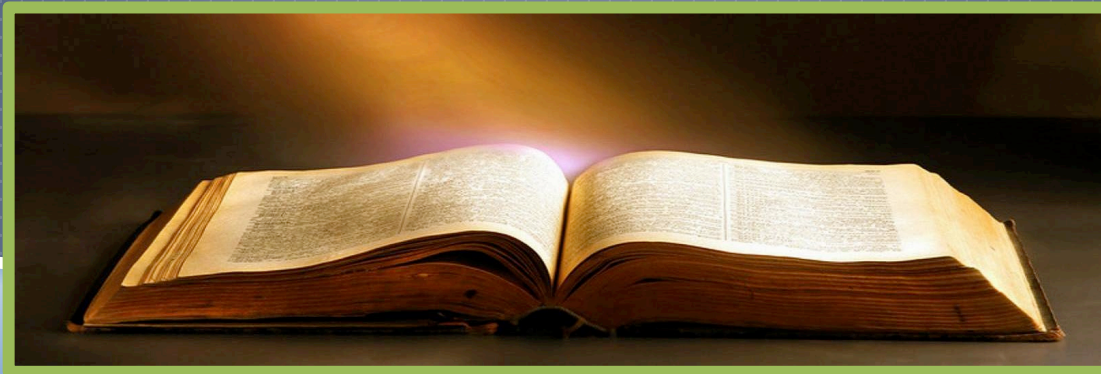


# What is Biblical Counseling?

*Biblical Counseling is  
that action or process in which  
a concerned believer (or group of believers)  
lovingly confronts and Scripturally instructs  
a (sinning or suffering) fellow-believer  
for the purpose of affecting  
God-glorifying change.*

What are the “three grand themes” of truly *biblical* counseling?

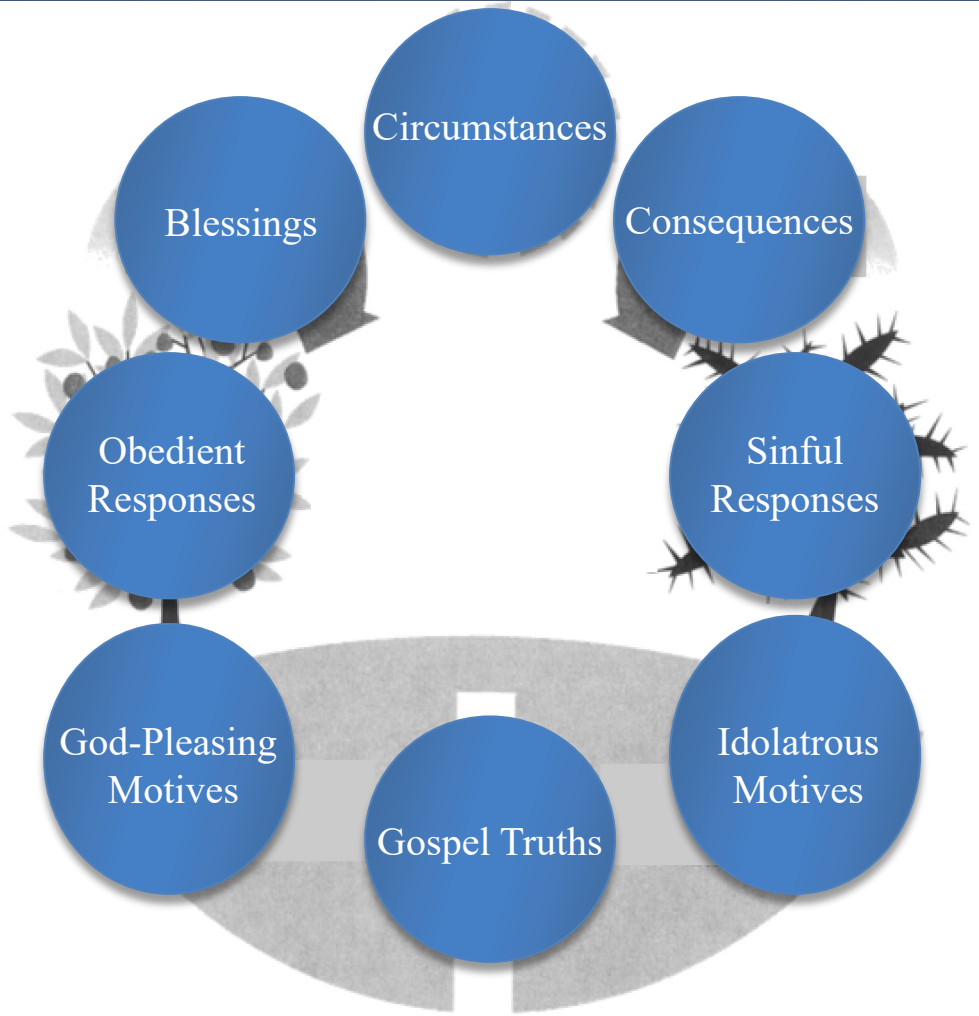
- Biblical Sufficiency
- Every Believer Ministry
- Heart-Based Change



List at least five things that distinguish biblical counseling from secular, psychologically-based therapies.







Blessings

Circumstances

Consequences

Obedient  
Responses

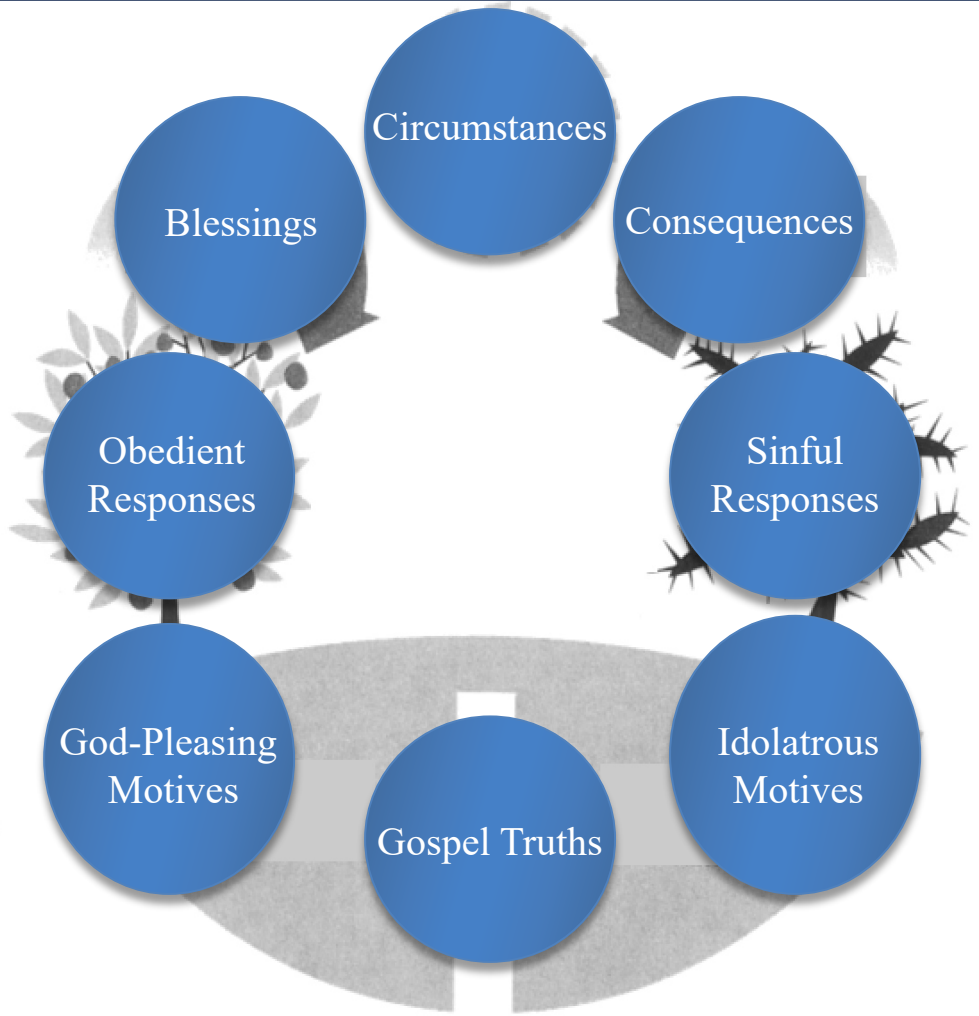
Sinful  
Responses

God-Pleasing  
Motives

Idolatrous  
Motives

Gospel Truths





Circumstances

Blessings

Consequences

Obedient  
Responses

Sinful  
Responses

God-Pleasing  
Motives

Idolatrous  
Motives

Gospel Truths

# “Seven Key Elements”

- Build the Relationship
- Get the Facts
- Generate Biblical Hope
- Define the Problem
- Teach the Truth
- Provide Some Accountability
- Plan Your Ministry

Remember:

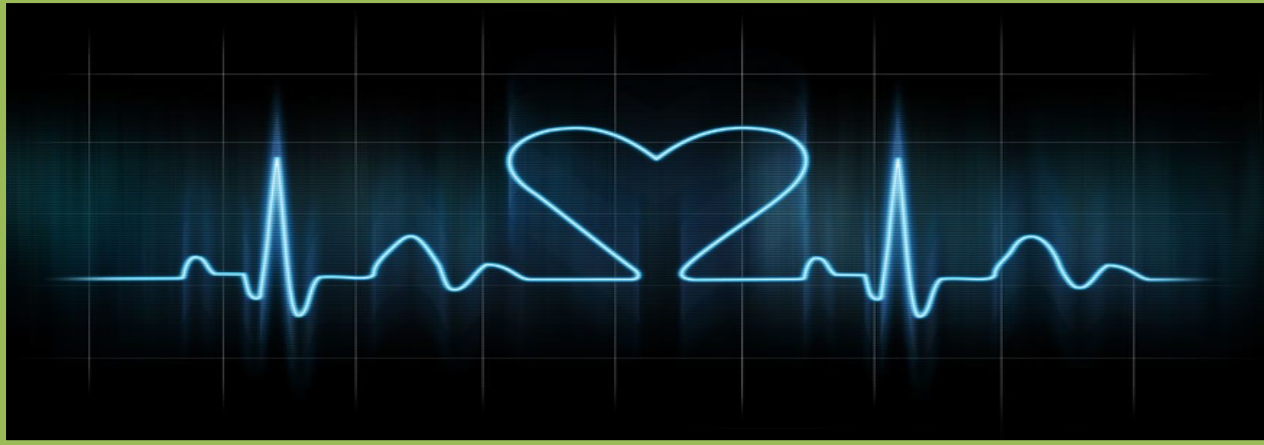
**The problem is not the problem;  
The heart is the problem!**



**Therefore as biblical counselors:**

**We are not in the problem-solving business!**

**We are in the connecting broken believers  
to the grace of God business.**

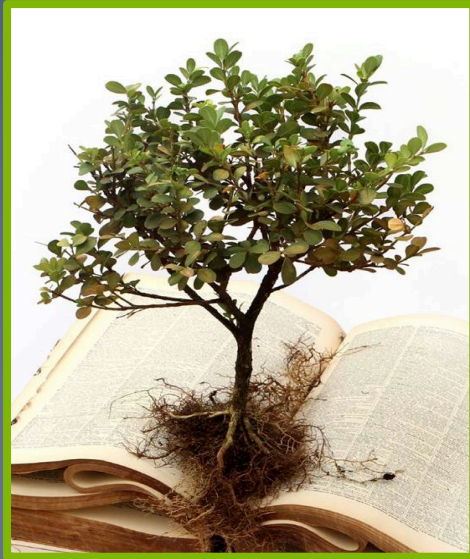




Sanctify them in the  
truth;  
Your word is truth.

*John 17:17*

Testimonies:  
How has God been receiving glory through  
your redemptive discipleship ministry?



- Be careful!
- Be brief!
- Be clear!
- Be biblical!
- Be specific!
- Be amazed!
- Be thankful!





Sanctify them in the  
truth;  
Your word is truth.

*John 17:17*



# Three Foundational Considerations



Do you have a strong conviction that counseling belongs in the local church?



Some people ask:

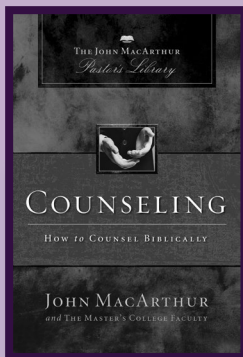
How do I start a counseling ministry in my local church?



# “How do I start a counseling ministry in my church?”

*“(That is) a question that, to me, illustrates a widespread misunderstanding of the true nature of counseling.”*

- Bill Goode





1. Biblical counseling is an essential element in the ministry of any local church that desires to be biblical.



What is the “Great Commission”?

Matt. 28:19-20



# What is the “Great Commission”?

Matthew 28: 19-20

- Who?
  - When?
  - What?
  - Where?
- “In **your** going...”
  - “**In your going** ...”
  - “...make disciples...”
  - “... of all nations...”







# What is the “Great Commission”?

Matthew 28: 19-20



## ■ How?

\* Identification:

“...baptizing them...”

\* Instruction:

“... teaching them to observe all that I have commanded you ...”

- ❖ Not to “know” only, but to do (obey)
- ❖ Not some things, but “all things”
  - ✓ Not just the ones that are most convenient.
  - ✓ Or the things that do not require me to change my thoughts or my actions.

*The fulfillment of the Great Commission is in jeopardy if the local church has no plan to help the believer who is in trouble and who is not handling life in a way that is consistent with God's Word.*





Remember: Biblical counseling is an *essential element* in the ministry of any local church that desires to be biblical.



What are  
some other  
such  
elements?  
Acts 2:41-47b



Evangelism  
Preaching/  
Teaching  
Fellowship

Prayer  
Worship



Jesus said:  
Matthew 16:18



“I will build my church”  
Not counseling center, mission  
agency, social agency, or school.



## In summary:

- ❖ God ordained the local church to assist the believer in growing into the image of His Son.
- ❖ It is the only organization (organism) He promised to build, sustain, and use.





Paul (church planter,  
pastor, missionary),  
reminding believers of  
their responsibility to  
counsel and encourage  
one another, said:



**You can help each other!**

Romans 15:14





Paul (church planter,  
pastor, missionary),  
reminding believers of  
their responsibility to  
counsel and encourage  
one another, said:



You are to help your fellow-believers  
regardless of their problems.

I Thessalonians 5:14



Paul (church planter, pastor, missionary), reminding believers of their responsibility to counsel and encourage one another, said:



When a fellow-believer is struggling with sin, you are to graciously take the initiative in helping knit their heart back into God's grace.

Galatians 6:1



Paul (church planter,  
pastor, missionary),  
reminding believers of  
their responsibility to  
counsel and encourage  
one another, said:



Believers are to wisely warn and teach their  
fellow-believers so that they grow in  
maturity.

Colossians 1:28



In other words:

Your local church  
IS  
already a counseling  
ministry!



So the question is NOT:

Are your people offering counsel  
to their fellow-believers?

+ Yes! All the time! Every day!





# The question IS:

Is the counsel being given  
**focused on the right goal** –  
i.e. it seeks the glory of God  
through the progressive  
sanctification of the  
believer?







The question  
IS:

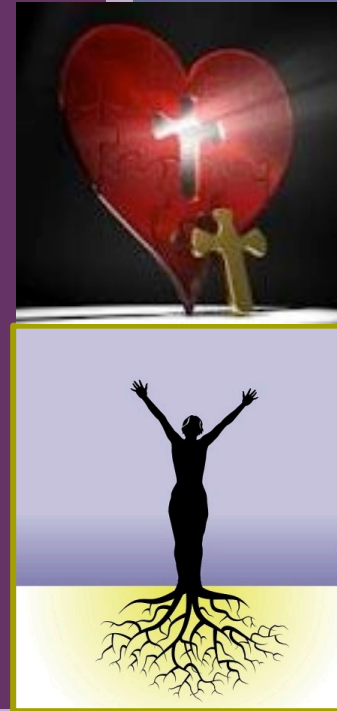
Is the counsel being given  
***biblical*** –  
i.e. it originates in the  
Bible?





The question  
IS:

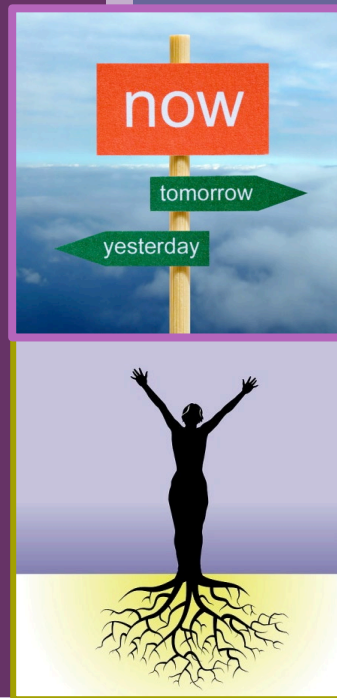
Is the counsel being given  
***heart-focused*** –  
i.e. it avoids the goal of  
merely solving problems  
and addresses the idolatry  
of the inner man?





The question  
IS:

Is the counsel being given  
***strategic*** –  
i.e. it has a plan of action, a  
consistent and biblical  
methodology?





The question  
IS:

Is the counsel being given  
***accountable*** –  
i.e. it is done under the  
ecclesiastic authority?



Here is the key concept is  
this entire module ...

*A biblical counseling  
ministry is not something  
more for the church to do,  
but  
more of the something the  
church should already be  
doing!*





+

The most important moments in a person's spiritual growth will not occur in the counseling meeting, but during all the hours between the meetings.



## 2. The pastor is responsible for the work of the church

What is the work of the pastor?

*“ ... equipping of the saints for the work of service ... ”*

Ephesians 4:11-13





Why is the pastor/teacher  
best suited for this  
leadership position?

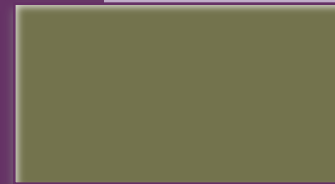
\* His position requires  
him to be “overseer” of  
the local assembly.





Why is the pastor/teacher  
best suited for this  
leadership position?

\* His desire, giftedness,  
calling, theological  
training, and ordination  
make him “ruling elder”  
of the local assembly.





Why is the pastor/teacher  
best suited for this  
leadership position?

\* His compassion assists  
him in being “shepherd”  
of the local assembly.





3. Every member of the church body must be prepared to effectively minister to others.



\* The whole body causes the growth of the body.

See Ephesians 4:16 and the “one another” passages.



“My responsibility is to equip every believer to be able to use the Word of God effectively with non-believers, new believers, and neurotic believers.”

Andrew Rogers  
Pastor of Soul Care  
College Park Church, Indianapolis, USA



Non-believers?

Train your people in personal  
evangelism





# New believers?

## Teach the foundations of the faith

- 1. Introduction to the Bible**
- 2. How to Know the Bible**
- 3. God: His Character and Attributes**
- 4. The Person of Jesus Christ**
- 5. The Work of Christ**
- 6. Salvation**
- 7. The Person and Ministry of the Holy Spirit**
- 8. Prayer and The Believer**
- 9. The Church: Fellowship and Worship**
- 10. Spiritual Gifts**
- 11. Evangelism and The Believer**
- 12. Obedience**
- 13. God's Will and Guidance**

Neurotic believers?

What does that mean?



Neuron (nerve)

+

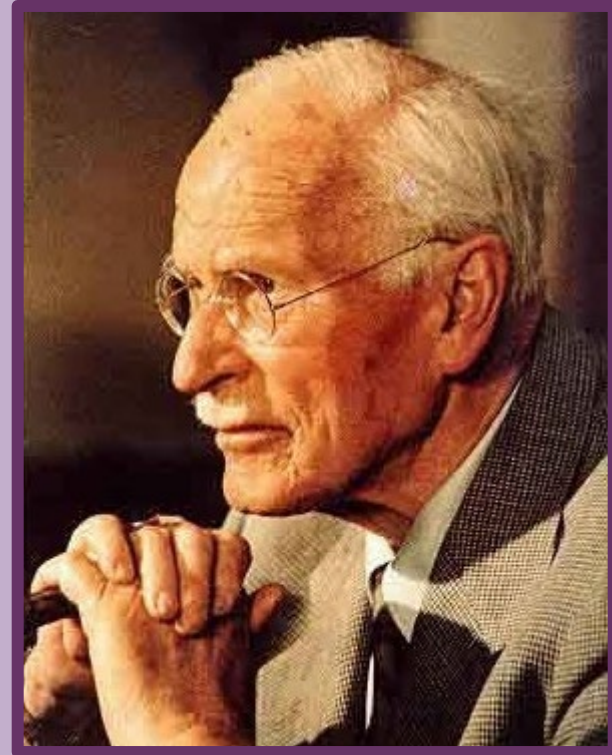
Osis (disease or abnormal condition)

=

Anxiety, worry, envy, jealousy, et al.

“I have frequently seen people become neurotic when they content themselves with inadequate or wrong answers to the questions of life.”

(Carl Jung)



Neurotic believers?

Provide Christ-centered, gospel-focused,  
grace-saturated, redemptive, soul care



## In summary:

Biblical soul care is an essential element of the work of the church, it should be developed through pastoral leadership, and it should involve all the members of the church.



Sanctify them in the truth;  
Your word is truth.

John 17:17

+





# How Can a Church Change It's Corporate Culture?



How many churches  
have you visited recently?



This is what you'll discover:  
Churches are like people –  
Each one has its own personality.





# What is a “corporate culture”?

- A blend of the values, beliefs, taboos, symbols, rituals, and myths all organizations develop over time.



# What is a “corporate culture”?



- The term describes and governs the way an organization’s leaders and employees/members think, feel, and act.

Corporate culture includes the way(s) the organization:

- ✓ Conducts its business or ministry.
- ✓ Treats its employees, customers/members, and the wider community.



Corporate culture includes the way(s) the organization:

- ✓ Allows (even encourages) **freedom** in decision-making within assigned roles.
- ✓ Allows (even encourages) **creativity** in developing new ideas and programs.



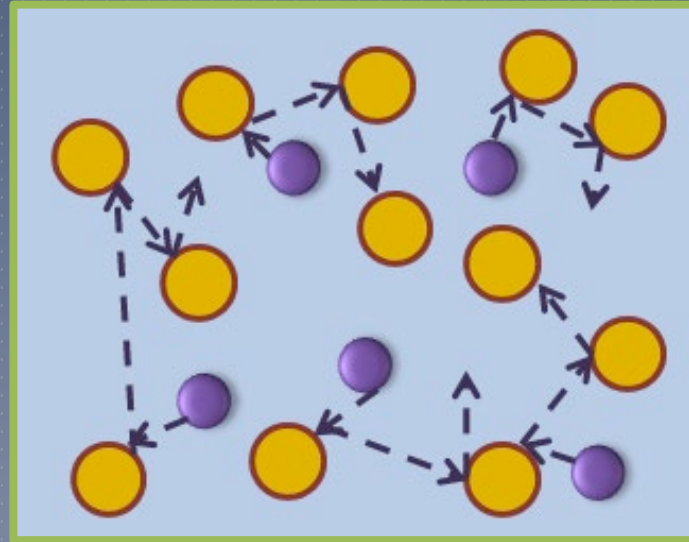
Corporate culture includes the way(s) the organization:

- ✓ Structures its leadership and information flow through its hierarchy.





Note:  
the only way to really  
understand a culture is  
to be immersed in it.





These formal statements answer important questions:

- ✓ Why do you exist?  
A vision statement
- ✓ What is your goal?  
An objective(s) statement



These formal statements answer important questions:

- ✓ How will you achieve it?  
A Mission Statement
- ✓ What do you value?  
A Values Statement



## Why does OIC exist?



### Our Vision Statement:

*To glorify God  
through the spiritual  
strengthening of  
believers and churches  
around the world.*

# What is the goal of OIC?

## Our Objective Statement:

*To assist in the  
initial creation and  
continuing development of  
national biblical counseling  
training and certifying  
organizations.*





How will OIC achieve that?

Our Mission Statement:



Training Biblical Counseling Trainers Around the World

# What does OIC value?

## Our Values Statement:

### 1) Biblical Priorities in our Relationships

- Humility - Proverbs 22:4; James 4:10
- Love - John 13:34-35; Romans 12:10
- Orderliness - 1 Corinthians 14:40; 12:16



# What does OIC value?

## Our Values Statement:

### 2) Excellence in our Work

- Diligence - Eccl. 9:10a; Proverbs 12:24
- Dependability - Proverbs 28:20; Matt. 25:21
- Enthusiasm - Romans 12:9-11; Gal. 4:18

# What does OIC value?

## Our Values Statement:

### 3) Mutual Blessing through our Partnerships

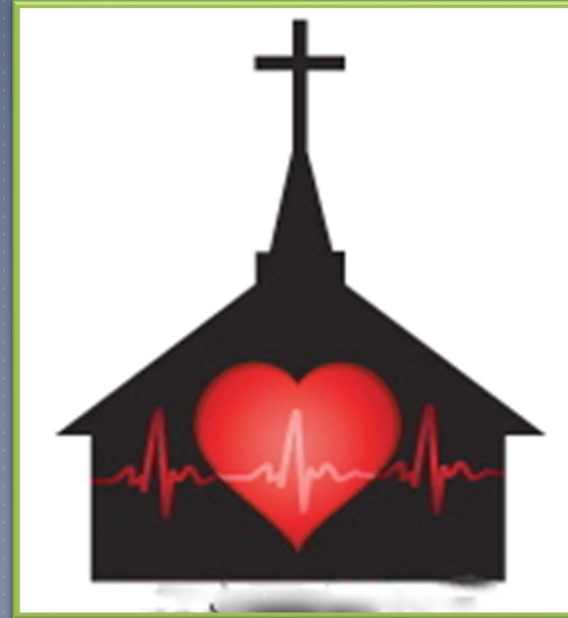
- Unity - Eph. 4:4-6; 1 Cor. 1:13
- Generosity - 2 Cor. 8:9; 9:7
- Faithfulness - 1 Cor. 4:2; Prov. 25:13

Note:  
there could be a significant disparity  
between what is written about the  
organization and what is experienced within  
the organization.



# CORPORATE CULTURE IS ALWAYS INFORMAL:

- WHAT IS SPOKEN ABOUT, HOW IT IS SPOKEN ABOUT, AND/OR WHAT IS MERELY UNDERSTOOD.



# WHERE DO WE SEE THIS CONCEPT OF CORPORATE CULTURE IN THE BIBLE?

- In the tribes of the  
Old Testament:  
  
One Nation;  
Varying Cultures



# WHERE DO WE SEE THIS CONCEPT OF CORPORATE CULTURE IN THE BIBLE?

- In the churches of the New Testament:

One Body;  
Varying Cultures



Can organizations – or churches – have similar (or identical) purposes and different cultures?

Matt. 28:19-20 –  
The mission  
 (“Great Commission”)  
of the church is  
to make disciples.





# How can a church's corporate culture be changed?

- ▶ The leader(s) recognize that the old ways (inherited? expected? imposed?) are not producing (God's glory-focused, grace-filled, humble, ministry-minded, well-trained, and winsome) disciples of Jesus Christ.





Are the “old ways” always  
“bad ways?”



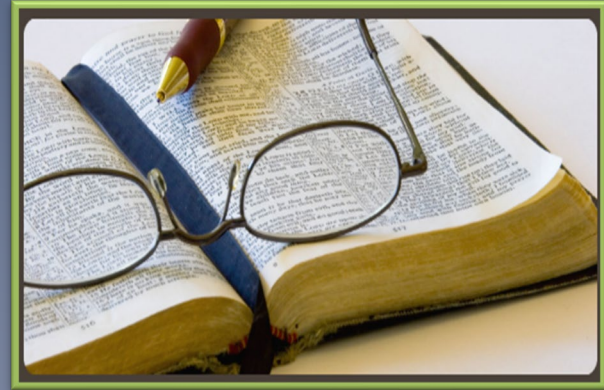
**NO!**

What are some examples of “this-church’s-culture-bound” areas of ministry or activities?



# How can a church's corporate culture be changed?

✓ The leader(s) study the Scriptures and identify the values and structural changes necessary to produce disciples.



- Study church history
- Teach; teach; teach
- Inform the church of each change

# How can a church's corporate culture be changed?

- ✓ The leader(s) teach and talk about the new cultural perspectives.
- ✓ The leader(s) enact the necessary organizational and structural changes.



# How can a church's corporate culture be changed?

- ✓ The leader(s) graciously and biblically respond to the expected reaction from those vested in the old ways.







*Sanctify them  
In the truth;  
Your word is truth.*

*John 17:17*

# Three Characteristics of a Disciple-Making Church



# What is the “Great Commission”?

## Matthew 28: 19-20

- ▶ “...make disciples...”





Can you name all the ministries  
of your church?



How does each one develop disciples of Jesus?



What should the corporate culture of a discipleship-focused church include?



1. Application-driven  
(biblical, expository,  
“nouthetic”, practical)  
preaching.

What's the difference between a lecture  
and a sermon?

What the text says.  
+ What the text means.  
Lecture

What's the difference between a lecture  
and a sermon?

What the text says

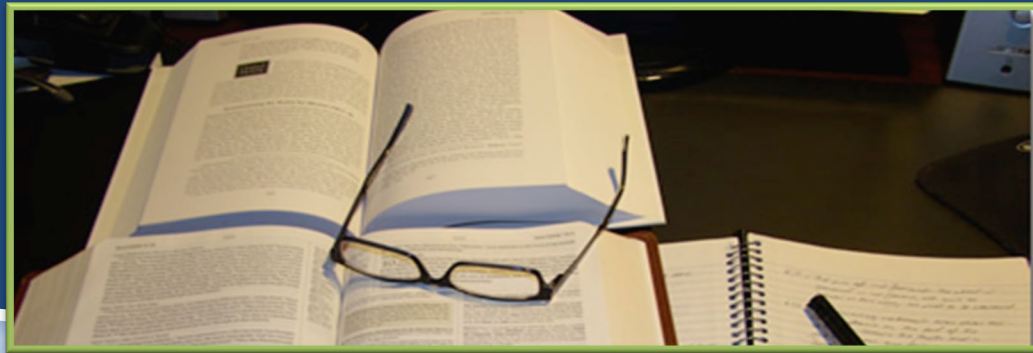
What the text means

How the text applies to your life.

+ Specific actions you should take as a result.

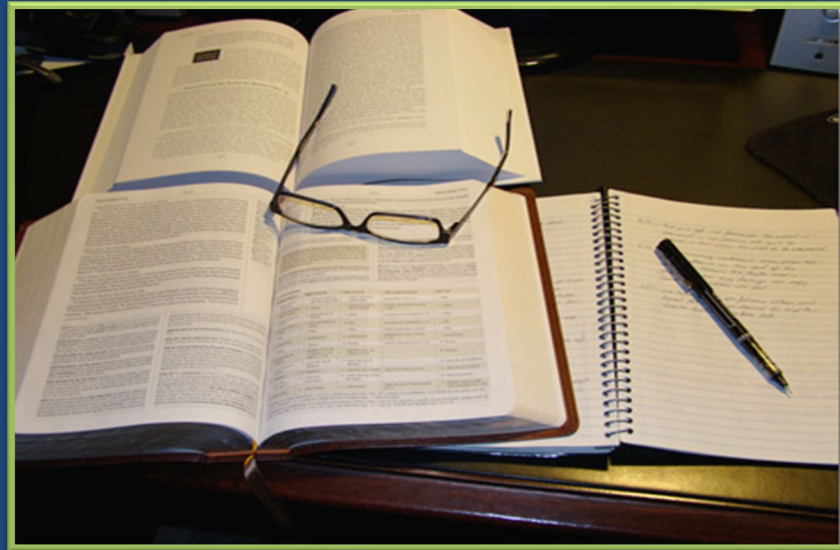
Sermon

- ▶ “First, text-driven application is grounded in biblical truth gained through historical, grammatical, literary, and theological analyses of the biblical text. Application necessarily flows from our exegesis and exposition. The order is not optional.”



Therefore ...

Learn to interpret the Bible faithfully.



- ▶ “Second, text-driven application must be based on the author's intended meaning found in the text. Authorial intent determines and dictates application.”





Therefore ...

Apply the Scriptures in the way the author intended.



- ▶ “Third, text-driven application should demonstrate the relevance and practical nature of biblical truth for the listeners in their present life context.”

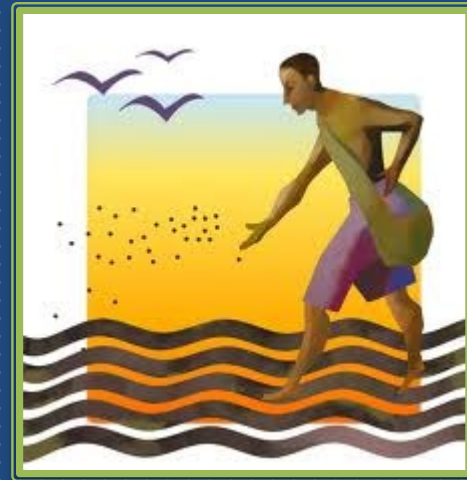


Therefore ...

Make your application practical.



- ▶ “Fourth, text-driven application must include practical illustrations, examples and suggestions, so the audience can adopt and model their lives after the biblical truth being taught. The best place to begin is with biblical examples.”



Therefore ...

Learn your Bible, its over-arching story, its individual narratives, and its characters.



- ▶ “Fifth, application-driven messages are presented in second person plural.”



Therefore ...  
Say, "You ..."



- ▶ “Sixth, application-driven messages have verbal points.”

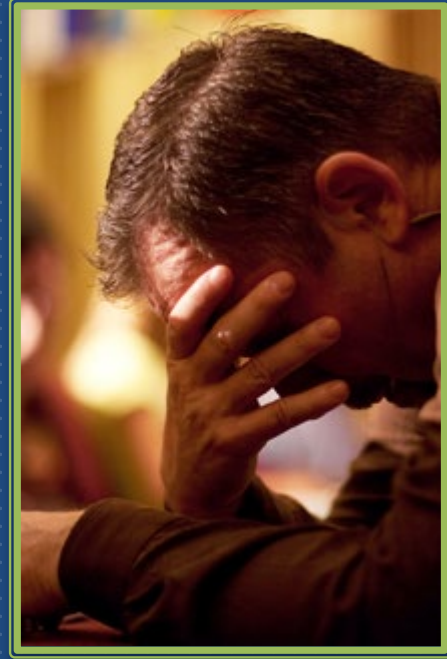
1. Love...
2. Learn...
3. Meet...
4. Pray...



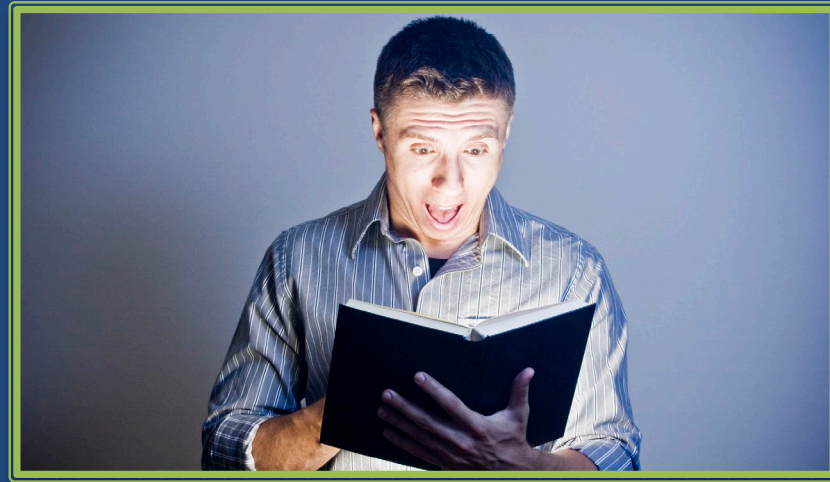
Therefore ...

Provide specific steps of action.

1. Love your enemies.
2. Learn what they need.
3. Meet their needs.
4. Pray for them daily.



- ▶ “Seventh, and finally, application-driven messages should have an attention-grabbing and life-related title.”



For Example:

- Targeting the Source of Life's Problems
- How To Be Assured of Continuing Spiritual Growth
- Five Lessons You Learn in a Storm
- Evaluating Your View of Ministry
- Three Reasons You're Safest in the Fire
- How To Conquer Discouragement in Ministry
- Three Steps to Lifelong Spiritual Growth

## 2. Discipleship (small, intentional intrusive) groups.



# What is it?

- ▶ A discipleship group is a community of people doing life together.



## What isn't it?

- ▶ It is not a meeting for just socializing. It is not primarily a Bible study or preaching service. It is not only a prayer meeting.

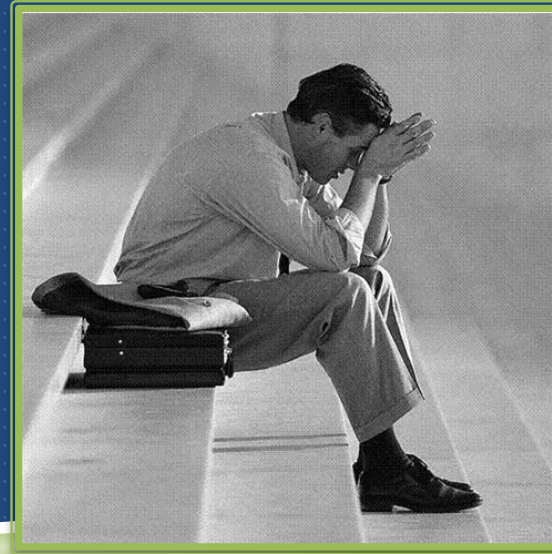


# Why are they important?

## Four Principles:

1. We need Jesus because we are broken.

Romans 3:23, 6:23





# Why are they important?

## Four Principles:

2. We get Jesus through the Word of God. John 5:37-40



# Why are they important?

## Four Principles:

3. We practice the Word of God with one another. John 17:17



# Why are they important?

## Four Principles:

4. We share the Word of God with the world.

Matthew 28:18-20



# Why are they important?

## Three Practices:

1. Care – We are people of God who live and care for each other as a family. (Rev 21:3)



# Why are they important?

## Three Practices:

2. Discipleship – We are disciples of Jesus who take responsibility for our own development and the development of others.



# Why are they important?

## Three Practices:

3. Mission – We are servants sent by God to proclaim and live out the Gospel Word before our Communities.

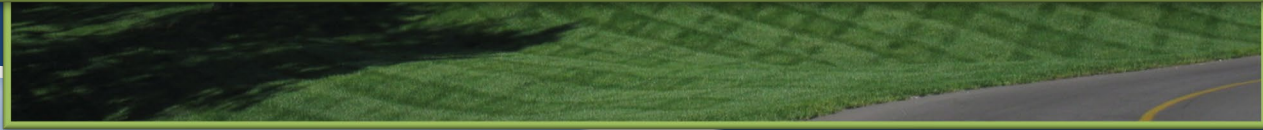


### 3. Personal Soul Care (Biblical Counseling)





Imagine a church ... being a disciple-making church



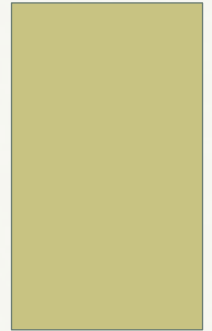
*Sanctify them in the truth;  
Your word is truth.*

John 17:17





# LEADERSHIP THAT PRODUCES DISCIPLES



## IT ALL BEGINS AT THE TOP.



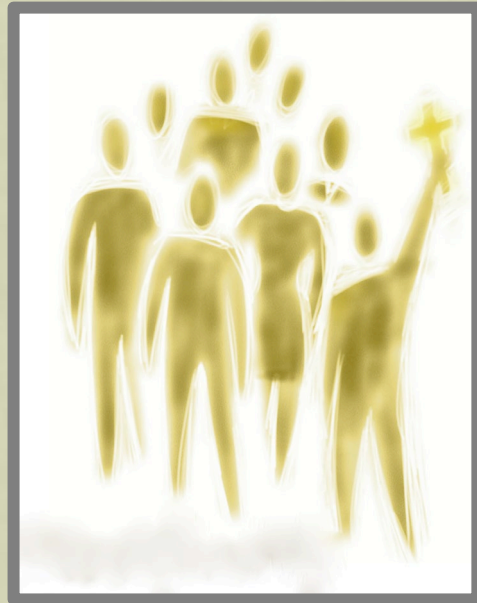
Pastors must be convinced  
of the need for biblical soul care  
and committed to develop it in the church  
no matter what obstacles may be faced.

# PASTORS MUST BE CONVINCED IT IS:

- His role as an elder –

Ephesians 4:11-12; 1 Peter 5:1-4; Acts 20:17-35

- ✓ Shepherd
- ✓ Exercise oversight  
(eagerly)
- ✓ Be an example



## PASTORS MUST BE CONVINCED IT IS:

- Everyone's role
  - Admonish
  - Comfort
  - Encourage
  - Help
  - Restore



## PASTORS MUST BE CONVINCED IT IS:

- The work of the church.

### Biblical counseling is ...

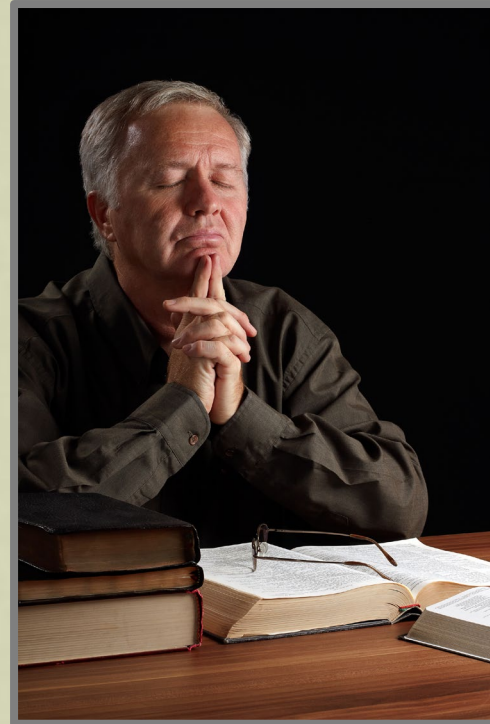
- ✓ A specialized form of discipleship
- ✓ The informal ministry of every believer
- ✓ Not an option





## PASTORS MUST BE COMMITTED TO DEVELOPING THEIR OWN:

- Personal disciplines
  - ✓ Time in the Word
  - ✓ Prayer
  - ✓ Study
  - ✓ Health care
  - ✓ Rest



## ➤ PASTORAL SKILLS

- ✓ Guiding
- ✓ Feeding
- ✓ Leading
- ✓ Restoring
- ✓ Comforting
- ✓ Protecting



## ➤ PASTORAL SKILLS



- ✓ Clarity
- ✓ Passion
- ✓ Practicality

William Perkins said:

“HE MUST FIRST BE GODLY  
AFFECTED HIMSELF WHO WOULD  
STIR UP GODLY AFFECTIONS IN  
OTHER MEN.”



“The practical bent of puritanism led preachers to realize that doctrine is lifeless unless a person can “build bridges” from a biblical truth to everyday living ...

another way of saying this is that the puritan sermon was a rhetorical or persuasive art. Its final purpose was to move a listener to right spiritual and moral behavior. Preaching is called persuading, testifying, beseeching, entreating, or requesting, exhorting, etc. The aim of the application was to stir the individual Christian to a change of behavior wherever it was needed by awakening the conscience .”

- Leland Ryken

# PASTORS MUST BE COMMITTED TO DISCIPLINING:

- His family
- His staff
  - ✓ Books
  - ✓ Digital Media
  - ✓ Counseling Training
  - ✓ Reading goals
  - ✓ Scripture memory
  - ✓ Preaching and teaching lab
- His serving members through his staff



## PASTORS MAY HAVE OBJECTIONS. HOW WOULD YOU RESPOND?

- Why can't we just refer?
- Counseling is not my strength of ministry.
- Counseling may require me to neglect other areas of ministry.
- The demand inside the church and outside the church may become too time-consuming.



## PASTORS MAY HAVE OBJECTIONS. HOW WOULD YOU RESPOND?

- Too many pastors commit sexual immorality while counseling.
- If I know the problems of my people, they will leave my church.
- If I get involved in counseling, it may affect the way I preach.



Sanctify them in the truth;  
Your Word is truth.  
John 17:17